

UNSTOPPABLE

Connect. Grow. Thrive.

A space for teens (ages 13–20) with Spina Bifida and similar disabilities to build confidence, friendships, and independence.

✳️ Join Us for Our Next Meet-Up!

📅 Sunday, May 31

📍 SBRN Empowerment Walk- Roosevelt Park, Edison NJ

🕒 Meet immediately following the walk (2:00PM)

Come walk with us—or just join for the meet-up after! This is a great opportunity to connect with other teens, meet Andrea, and experience what Unstoppable is all about.

💬 What to Expect

- Build self-advocacy skills
- Grow independence and confidence
- Connect with other teens
- Strengthen emotional well-being
- Try new activities
- Make friends in a supportive, judgment-free space

☑️ How to Participate

- **Complete the Interest Form (required)**



- Want to walk with us too? Register online! **Visit:** www.thesbrn.org

Questions? For questions or additional information:

Contact: Spina Bifida Resource Network

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or contact

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